



# AVON VALLEY CHURCHES

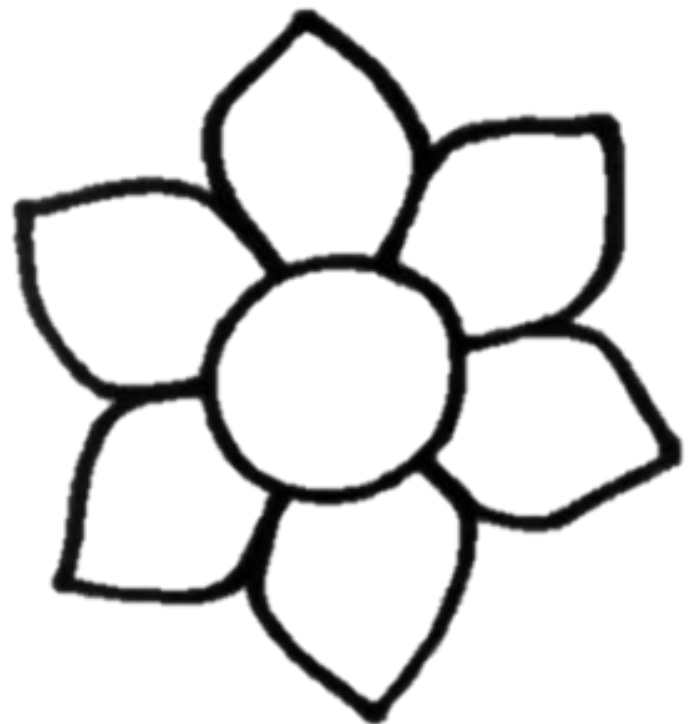
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## A MOTHERING SUNDAY IDEA - Paper Flower Blessings

This is a simple, beautiful craft idea that you can make as a surprise for your mother, or even put in the post to send to a loved one who is far away – perhaps a mother, grandmother or godmother, or anyone else you'd like to think of.

1. Cut a flower shape out of sugar paper – you can use this template to help you (tip: you'll need to cut all the way to the central circle, but not cut round the circle itself).

2. Write a blessing or other message on the flower using ballpoint pen (tip: only write on one side of the paper).



3. Carefully fold the petals inwards over the central circle so the message is hidden, write 'this way up' on the top petal once it's folded over. (tip: and secure it all with a paperclip so it doesn't unfold).



4. Send it to someone special with these instructions:

*'Take the paperclip off, leave it folded, and gently float this in a bowl of water.'*

The water will soak into the folds and your flower will slowly open, revealing your blessing!

